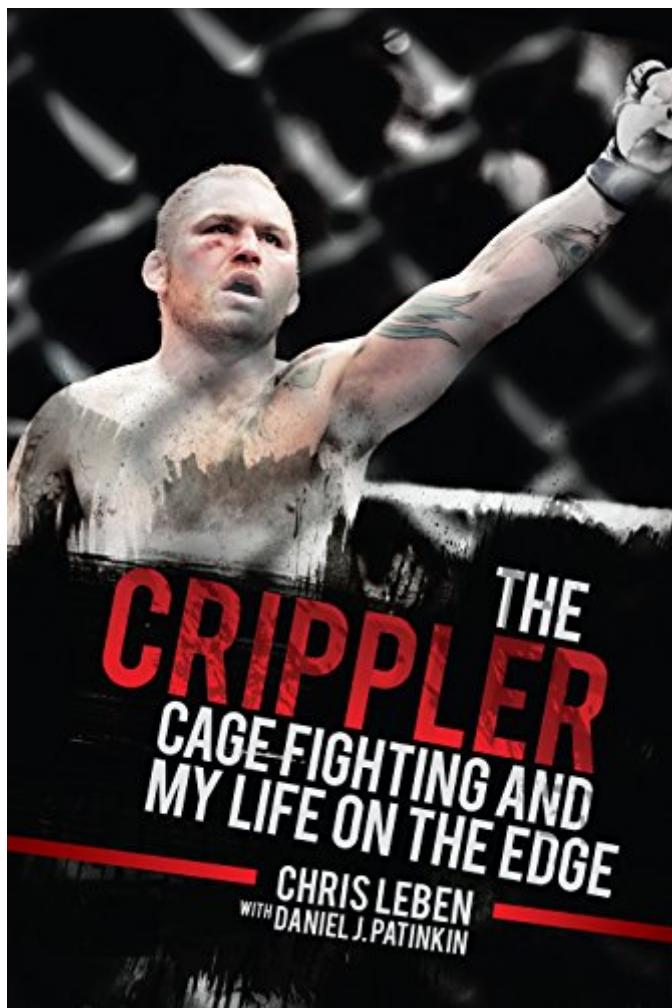


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# The Crippler: Cage Fighting And My Life On The Edge



## Synopsis

It takes a certain kind of person to stand out from other mixed martial arts fighters as both a wild man and a rock star. Chris Leben, otherwise known as "The Crippler," is that kind of person. His reputation started on the inaugural season of *The Ultimate Fighter*, a reality show where hopeful fighters vie for a UFC contract and a path to greatness. The world saw an out-of-control brawler with a penchant for destruction. But that was only half the story. From the slums of northwest Oregon, Leben has spent a lifetime coping with deep scars left by an absent father and ever-present struggles with alcoholism and drug abuse. He's been in jail eleven times, including for going AWOL. During his ten-year career in ultimate fighting, Leben became one of the most recognized figures in the sport, entralling audiences around the world with his wild, headfirst style of fighting as he took on some of the world's best fighters, including Anderson Silva, Yoshihiro Akiyama, and Wanderlei Silva. *The Crippler* is not just an exciting account of his rise to prominence within the UFC; it's the incredible story of a renowned wild man dealing with his personal demons and learning that the toughest opponent is always yourself.

## Book Information

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## Customer Reviews

This is a fantastic window into the inner industry workings and challenges, both personal and professional, that Leben experiences. Raw, engrossing, and hard to put down. But if you decide to read it over a longer period of time, it's digestible to read 1 chapter at a time, without feeling like you forgot/lost your place.

What a surprise!!! Heard about this book while eavesdropping in the gym..there was a lot of buzz about "The Crippler ". I went to andread about it and promptly ordered one for myself. I COULD NOT PUT THIS BOOK DOWN. I expected it to be about MMA as blood sport, i.e. another dull expose'....NO, it was more about the humanity (and sometimes the endured inhumanity) of this fighter's life--his struggles, his addictions, his triumphs, his hard-to-believe-but-true life experiences--it is about more than just a jaw-breaking uppercut or a kick-to- the-head(although there are many of those), its a great read. Prepare to be "knocked out" by this AWESOME book.

Chris Leben was one of the polarizing fighters / contestants in the Ultimate Fighter season 1, who had a decent UFC fight career. His life and career has a lot of ups and downs and this book is basically a life biography on his hardships. It's an easy read and it's a great book on what it takes to be a fighter and what not to do as a fighter. It's a hard look at what happens when you have a hard upbringing and what the end result could be. This is for fans of fighting and really fans of Chris Leben who has some incredible stories.I picked this book up because I wanted to support Leben especially as he moves from his fighting career, fixing his life and finds a new career outside of fighting.

Chris Leben's career was amazing and at times heart wrenching to follow. He is one of a kind and this book lays it all out there. I hope he finds peace and solid footing, and a way to literally capitalize on the love his fans and the sport have for him. The book was good for how honest Chris was throughout, I just struggled with the over-writing. I wanted to hear at least a few passages in Chris's own words, not the words of a well-educated professional writer. Otherwise a great book.

This book was well written and fascinating. If you want a driver side view of someone who truly lives on the very edge - then this book will certainly take you there. The book takes the reader through the ups and downs of the insane and hilarious MMA fighter Chris Leben - I literally couldn't put it down. I strongly recommend reading The Crippler - even if you're not an MMA fan..

I read this book nothing essentially nothing about MMA. While I enjoyed learning about the sport, I was truly amazed by Chris' life story and the way it was told. I would recommend this book to anyone 18 and older. Hard to believe this isn't a fictional story based on his crazy life, but it was a great read that spans all human emotions.

I recommend this book to any fan of mma. Once I started reading this book I could not put it down. After watching TUF 1 I was not a fan of chris' but I found myself looking forward to his fights so when this book came out I couldn't wait to read it. I definitely have a different view of Chris. All in all a good book.

A must read for any mama fan. The Crippler has led quite a life and has some fascinating stories to tell. Great story about a kid who literally fought his way out of the slums and became one of the toughest guys in the world.

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